Baie du Cotentin

D-DAY · MARSHES · HERITAGE · TERROIR













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la Petite Musette vous propose, en boutique ou en ligne, une gamme de **matériel militaire** de collection, une sélection d'articles de **reconstitution** (vêtements, équipements et armes factices), un vaste rayon **souvenirs** ou encore un coin **librairie**... avec la garantie d'un accueil chaleureux, et de conseils personnalisés!



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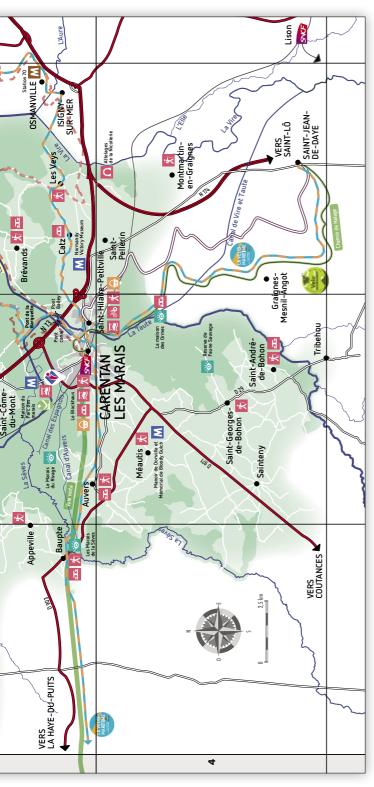
In the heart of the Regional Nature Park of the Cotentin and Bessin Marshes, each season offers a peaceful landscape, new trips by boat, bicycle or on foot, and inviting moments on the terrace or by the fire.

Cotentin Bay is also a refuge for thousands of migratory birds that enjoy the rain-whitened marshes every winter.

Here, vast grassy fields and an unspoiled beach blend together nicely; spaces where freedom, courtesy of thousands of American soldiers in 1944, resonates loudly in hearts and minds.







NFORMATIONS



Tourist Office

MUSEUMS AND LANDING SITES



M Heritage Museum



Remarkable natural site Park and garden NATURE 0) Þ

LOCAL PRODUCERS AND CRAFTSMEN AND WOMEN



Regional products

Pottery

H



GR ®223 į



GRP ®223 Tour of the Cotentin Peninsula 1

ACTIVITIES

Equestrian centre Historical tour







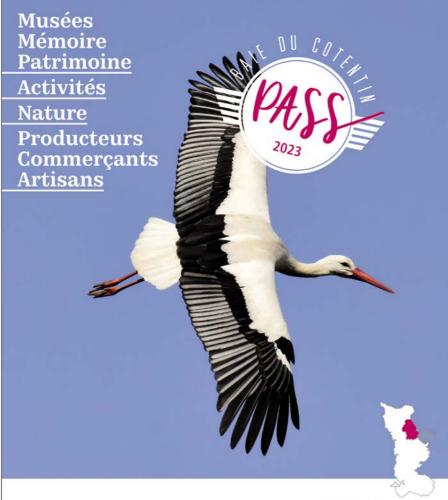
Velomaritime Bike route







Water-based leisure N Sainte-Mère-Église \cdot Utah Beach \cdot Carentan-les-Marais





ot-baieducotentin.fr

POUR 1 €, PLUS DE 70 € DE RÉDUCTIONS DANS 28 SITES ET COMMERCES!

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Carentan-les-Marais The historic port of Baie des Veys

Carentan, the main town of Cotentin Bay, is surrounded by marshes that become white in winter and offers beautiful historical and natural walks all year round, notably thanks to the *Walking through history* circuit, which goes through its medieval centre.

The port hosted considerable traffic in dairy products until 1944. Today, it's dedicated to pleasure boating and classified *Blue Flag*, and is connected to the sea by a 7 km long canal. Unique in France, the canal bridge lets you see a sailboat passing over cars. A colony of 260 common seals has taken up residence at its outlet into the Bay of Veys.

The boat *Belle de Carentan* lets you observe them without disturbing their peace. In 1944, this strategic crossing point had to be liberated as soon as possible by the units of the 101st Airborne to ensure the junction between Utah Beach and Omaha Beach, in Calvados. After six days of bitter fighting, recounted in an episode of the series *Band of Brothers*, the town was finally liberated on 12 June. Several monuments and sites, such as the *D-Day Experience*, the *Normandy Victory Museum* and Donville Manor bear witness to this crucial episode of the D-Day landings.











The hardware store Brière

A Carentan monument

In 2020, François Harel took over this historic business, founded at the beginning of the 20th century, and preserved the charm of the place: the walls of drawers, wooden shelves, the articles hanging from the ceiling... People come from all over the Cotentin and Calvados regions to buy quality products: cutlery, glassware, culinary preparation and cooking equipment, especially from local potteries.

16 place de la République 02 33 42 13 66 – quincailleriebriere.com

Opening times:

9.00am-12.00pm / 2.00pm-6.30pm Closed on Wednesdays (except August) and Sundays



Sainte-Mère-Église celebrates the American paratroopers

Until 1944, Sainte-Mère-Église was a peaceful rural town dominated by livestock, as evidenced by Cotentin's farm-museum. Its history changed on the night of 5-6 June, when the American paratroopers of the 82nd Airborne liberated it.

In 1962, the release of the film *The Longest Day* contributed to the worldwide fame of the village. Today, John Steele's parachute still hangs from the bell tower, while the Airborne Museum, the «Borne O», the starting point of the Freedom Trail which extends to Bastogne, the stained glass windows of the church and the parachutists' memorial at La Fière bear witness to the beginnings of the liberation of Europe.

The colourful cabins of Ravenoville bring the peaceful beach located 10 minutes from Sainte-Mère-Église to life. On a clear day, you can see the Saint-Marcouf Islands and Vauban forts of Saint-Vaast-la-Hougue, which are on the Unesco World Heritage list.



The cabins of Ravenoville

Seen by Christophe Cauchard, photographer of the soul of Cotentin

"The cabins are there, lined up in their harmony of pastel shades and their proximity to the water of the sea, that sea which, the day after a night of strong wind and high tide, stretches its great sheet of white foam to the foot of these small cabins. In the evening of a fire-filled sky, you can enjoy their reflection in the mirror of a long stretch of water, in a halo of orange colours, depicting them with such calm, elegance and charm.

In the summer, they wake up in all their finery, open their doors and come to life. Time to relax! Here, some people tan in their own way!

(...)

And then in winter, under our maritime skies, it's the silence that's most noticeable, the shutters all down ... they keep just a few brave local walkers company, and the sea as it ebbs and flows unfailingly each day. »



The full text is available on ot-baieducotentin.fr





Utah Beach

Theatre of one of the largest military operations ever

Utah Beach, the only D-Day beach in the English Channel, located in the commune of Sainte-Mariedu-Mont, saw 23,500 men land here as part of Operation Overlord, launched on 6 June 1944. Don't miss the memorials, the D-Day museum or the Chapel of the Madeleine, a few steps from the beach, where the American veteran Isaac Curtis Philip has been buried since 2021.

Three kilometres north, Saint-Germain de Varreville pays tribute to the 2nd Armoured Division, which landed here on 1 August 1944, and later liberated Paris. From April to November, the exhibition *Jean Gabin, War isn't a film* at the Normandy Victory Museum in Carentan, recounts the little-known commitment of this sacred beast of French cinema as a marine in the division led by General Leclerc.



Utah Beach, 6 June, the sun has just risen

By Christophe Cauchard, photographer of the soul of the Cotentin

«(...) This blockhouse sitting awkwardly on this wild, free coast, seems to be surveying this scene and remembering those hours of desolation.

A bloody beach on which we all now stand. The sun has just risen. Its yellow colour gradually whitens, stretching out long shadows of all we see here on this sand burnished by these first lights, and suddenly...

(...) Candles lined up on the sand, bouquets of roses, small flags and pebbles carrying messages. The time for remembrance has arrived. A small enclosure is placed on the sand. Microphone in hand, the ceremony begins. Great silence against the background of the sea. A woman carries her baby in her arms. You can see the emotion in her eyes. In her hand, a red rose. Like her, in turn, each person comes at their own moment, to place their red rose into the light sand, near the candles, small flags and pebbles. »



NORMANDY VICTORY MUSE

Une visite pour toute la famille

normandy-victory-museum.fr











D-Day Experience

The D-Day Experience is located in Saint-Côme-du-Mont, the very place that was called «the most vital area of the Battle of Normandy» by General Eisenhower. Composed of three buildings, this museum offers an immersive journey that introduces you to the men who liberated us. During your visit, you'll discover a modern, moving museum experience, guided by Colonel Wolverton. Before boarding a real C-47 transformed into a flight simulator in which you can relive the flight from England to Normandy under D-Day conditions, you're briefed by Wolverton who, in the form of a hologram, explains your mission and equipment: you're the paratrooper! With collection items spread over more than 1500 m² of exhibition space. the D-Day Experience building dedicated to American troops invites you to discover the story of the men who lived through the D-Day landings, from the air as well as from the sea. As for the historic house at Dead Man's Corner, you can discover the German point of view through its authentic objects.

You'll end your visit with the 3D cinema on a giant screen, which condenses everything there is to know about the D-Day landings, with two educational films for young and old alike.

2 village de l'amont - Saint-Côme-du-Mont 50 500 CARENTAN LES MARAIS 02 33 23 61 95 – dday-experience.com Online store: paratrooper.fr

Open

Every day
April to September:
9.30am-7.00pm
October to March:
10.00am-6.00pm

Closed

24, 25 and 31 December, 1 and 8 to 26 January 2024 Last entry 1 hr 30 before the site closes.

Lasts

2 hr (+ 1 hr with the film)

Prices

Adult: from €9 to €19.90 Children (6-17 years): from €7 to €15.90 Family (2 adults + 2 or 3 children): from €45 to €65 Guide/driver: free of charge









Normandy Victory Museum

You're invited to a journey to the heart of history through thirty hyper-realistic sound stages that tell the daily life of civilians and soldiers during the 100 days following 6 June 1944. Two thousand square metres of exhibition space present more than 15,000 military or everyday objects, vehicles, as well as some rare items visible inside the scenes. Aboard an authentic period barge, you can relive the landing of veteran Bill Parker through an original audiovisual experience before exploring the areas dedicated to the Battle of the Hedges, a major event of the Battle of Normandy. An exhibition highlights the role of women in the war. Florent Plana, passionate about the history of the Second World War, organises tours in period vehicles from the museum

Dodge WC51. The portraits and accounts of the veterans he met feature during the visit.

From April to November 2023, the *Jean Gabin, War isn't a film* exhibition illustrates the sometimes misunderstood commitment of this great giant during the Second World War. On site, the A10 Canteen restaurant offers a wide range of dishes in a vintage atmosphere.

Parc d'activités La fourchette - 50500 CATZ 02 33 71 74 94 - normandy-victory-museum.fr

Open

From April to October: open every day

November to March: open weekends and school holidays

Annual closure in January Schedules on the website

Visit lasts

1 hr 30

Prices

Adult: €9

Children (7-18 years): €6
Free under 7 years old
Reduced rate for teachers,
students, military, PRM: €6
Family package (2 adults
+3/4 children): €30

Tour in a Dodge: from €24













Airborne Museum

Located a few steps away from the church where the parachute of soldier John Steele hung the night before D-Day, the Airborne Museum lets you experience the Normandy epic of the American parachutists thanks to a spectacular museography and an exceptional collection of historical objects.

Climb aboard an authentic glider, discover a C-47 aircraft that took part in the D-Day operations and embark at night in one of these planes, experience the parachute drops of 6 June 1944 and land on the square of Sainte-Mère-Église in the middle of the fight for freedom.

In addition, the temporary exhibition The Assault from the Air, which runs until November 2023, offers an international approach to the extraordinary history of these elite troops.

For adults and children alike, the Histopad touchscreen tablet, combining augmented reality and hyper-realistic graphics, transports you to the heart of Normandy in 1944.

In 2023, for the first time, the curator will open the museum's backstage area for monthly discussions about objects that are not on display, but are just as iconic as those displayed in the four pavilions that make up the museum.

14 rue Eisenhower - 50480 SAINTE-MÈRE-ÉGLISE 02 33 41 41 35 - airborne-museum.org

Open

Every day

May to August: 9.00am-7.00pm

April and September:

9.30am - 6.30pm

October to March: 10.00am-6.00pm

Museum closed at the end of the All Saints' Day holidays for works,

until 31 January 2024

Visit lasts

2 hr

Prices

Adult: €9.90

Children (6-16 years): €6

Family (2 adults + 2 children): €28 (+€5 per additional child)







D-Day Landing Museum

Built sixty years ago on the very spot where American troops landed on 6 June 1944, the Utah Beach Landing Museum traces the events of D-Day on La Madeleine Beach from its preparation to its victorious conclusion. With this complete chronological tour, plunge into the history of the D-Day landings and discover a rich collection of objects and vehicles, including an authentic American B26 bomber, unique in Europe. The film Victory Beach lets you relive the epic story of the American soldiers at Utah Beach. Thanks to the veterans' moving testimonies, you can fully appreciate the sacrifice which gave Europe back its freedom.

Utah Beach - 50480 SAINTE-MARIE-DU-MONT 02 33 71 53 35 - utah-beach.com

Open

Every day

October to May: 10.00am-6.00pm

June to September: 9.30am-7.00pm

Closed: from 1 to 25 December inclusive, 31 December and 1 January

Ticket sales close one hour before the site closes

Visit lasts

1 hr 30

Prices

Unaccompanied visit: Adult €8.50 - Children (6-15 years old) €5

Supplement for guided tour: €2.50

Guided tour supplement Museum + beach or guided tour of the Utah Beach site: €5 (by reservation)

Free of charge: those accompanying people with disabilities, WWII veterans, tourism professionals, inhabitants of Sainte-Mariedu-Mont













World War II Museum

Ten minutes by car from Sainte-Mère-Eglise, walk through a street from the occupation with its shops and houses in the sounds of the time. Hundreds of historical objects, period equipment. numerous vehicles and a film recreate the atmosphere of the 1940s and the chronology of the Second World War in Normandy. A visit to an authentic bunker, now located inside the museum. offers a striking view of Utah Beach, similar to that of the German soldiers in 1944. The museum also presents highly detailed scale models representing the main moments from the occupation to the D-Day landings.

A few kilometres away, you can complete your visit by discovering the batteries of Azeville and Crisbeca.



18, avenue de la plage **50310 QUINEVILLE** 02 33 95 95 95 worldwar2-museum.com

Open

Every day

April to August: 10.00am-7.00pm

September to October and All Saints' Day holidays: 10.00am-6.00pm

Ticket sales close 1 hour before the site closes.

Visit lasts

1 hr 30

Prices

Unaccompanied visit: Adults €9 - Children (6-12 years old) €6 Dogs only allowed carried in a bag









Bloody Gulch Memorial Museum

The only archaeological museum of the famous battle of Bloody Gulch as told in the series Band of Brothers. The owner guides you through the battlefield and its archaeological remains, the former German command post and museum.



1 route de la Chapelle **50500 MEAUTIS** 02 33 42 03 22 06 47 51 02 69 museebloodygulch.com

Open

Every day

During all school holidays: Monday to Sunday from 10.00am to 6.00pm

Outside school holidays: November to April: Friday, Saturday and Sunday from 10.00am to 6.00pm

From May: every day from 10.00am to 6.00pm

Prices

€12.50/person from 13 years old

€7 for 6-12 years old Free for children under 6 years old





Batterie de Crisbecq The museum

A key D-Day site from which the first cannon shot was fired at dawn on 6 June 1944. Discover this exceptional site by visiting the 22 underground blockhouses of the most powerful artillery battery of the D-Day landing beaches. Through a surprising complex of trenches and tunnels on a vast site covering 5 hectares, dive into the atmosphere of a village housing a garrison of 400 soldiers, in the heart of the Battle of Normandy.



Route de Crisbecq - 50310 SAINT-MARCOUF-DE-L'ISLE 09 82 57 61 92 06 68 41 09 04 batterie-marcouf.com

Open

Open every day

April to mid-November: 10.00am-6.00pm July and August: 10.00am-7.00pm

Ticket office closes 1 hour before the site closes

Visit lasts: 1 hr/1 hr 30

Prices

Unaccompanied visit: Adults €10 - Children (6-14 years old) €6 -Reduced rate (15-18 years old, military, partners): €9

Guided tour (FR) every Wednesday at 2.00pm (July and August) + night tours on Wednesdays 31 July and 7 August at 8.30pm









Marcouf 44

The great casemate of Crisbecq

The great casemate of Crisbecg is the largest blockhouse erected between Cherbourg and Le Havre, with walls and a roof 3.50 metres thick, designed to house a gun with a range of 33 km. Abandoned for 77 years before being reopened to visitors in 2021, it's one of the last casemates still standing and accessible inside in Normandy. A symbol of the fighting during the capture of the German battery of Crisbecg by the 4th American division, this site is now dedicated to the memory of the American soldiers who fell at Crisbeca between 7 and 12 June 1944



Route de Crisbecq 50310 SAINT-MARCOUF-DE-L'ISLE 06 82 01 49 08 marcouf44.com.

Open

Tuesdays during the summer season. More details on marcouf44.com

Prices

Unaccompanied and guided tour of the Great Casemate: FREE

Visit lasts

30 minutes







Command post of the Crisbecq Batteries

Built in 1943, the command post consists of ten rooms with walls up to 2 metres thick. Its vast observation post offers a clear view of the beach that was to become «Utah Beach» one year later and of the cliffs of the Bessin region as far as the Pointe du Hoc, more than 20 km away. It was connected to the rest of the battery by a large network of trenches that also extended to the command post at Azeville. The soldiers present in this post were the first to see and officially announce to the German headquarters the arrival of the Allied fleet on the morning of 6 June 1944.



2 Bis Route de Crisbeca SAINT MARCOUF DE L'ISLE 06 76 16 56 75 crisbecq44.fr

All year round by reservation

Prices

Adult: €12

Children (under 15 years old): €.6

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Azeville Battery

Plunge into the heart of history through 350 metres of underground galleries, housing ammunition bunkers and shelters for personnel. With its multilingual audio tour in two versions (adults and children), discover the construction of the battery, its impressive camouflaged casemates, the life of the occupying troops and their relations with the local population. The site offers lots of things for children to do all year long.



La Rue - 50310 AZEVILLE 02 33 40 63 05 patrimoine.manche.fr

Unaccompanied visit: Adults €8 -Children (7-18 years old) €4

Family pass (2 adults + 2 children): €24 - (1 adult + 2 children): €16 - Reduced rate: €6

Guided tour (adults and families) during school holidays. Supplement €1

Open

6 February to 7 April and 23 September to 11 November: 1.00pm-6.00pm (closed Fridays, Saturdays)

8 April to 7 July and 1 to 22 September.: 10.00am-6.30pm (except 1 May)

8 July to 31 August: 9.30am to 7.00pm

Specific times: 4 to 7 June and 16 and 17 September: 9.00am-7.00pm

Ticket sales close one hour before the site closes

Visit lasts















The Airship Hangar

Built by the French Navy during the First World War to house airships involved in the fight against German submarines, the Navy then used the hangar to house artillery batteries until 1939. In June 1944, after heavy fighting by the 4th American Division, the Americans set up workshops there, using many prisoners.

The visit takes place in three stages: the museum including period materials, models and videos, then the battlefield of Montebourg. and finally, an unaccompanied tour of the hangar classified as a historical monument to discover its graffiti.



Open

Every day

6 February - 5 March: 2.00pm-6.00pm

April, May, June: 2.00pm-6.00pm

1 September to 12 November: 2.00pm-6.00pm

July and August: every day: 10.00am-6.00pm

Visit lasts: 1 hr 30

Prices

Adult: €6

Children (8-17 years): €2.50

Reduced and group rates (from 10): €5

Family rate: 2 adults + 2 children: €15 / 2 adults + 1 child: €13









Flight in an aeroplume

To complete your visit to the airship hangar, a flight in an Aeroplume is a must. An individual dirigible balloon, the Aeroplume lets you fly away by flapping your wings! The "birdman", installed in a harness and lying under their helium-filled balloon, is then released from gravity and can move through the air using their wings. A unique experience.

Le Hangar - 50310 ÉCAUSSEVILLE 06 41 98 32 97 - aeroplume.fr



Prices

€70 for a 20 min flight Reservation required

Open

July and August



Escape Game Le Blockhaus

In teams of 2 to 6 players, you have 60 minutes to complete your mission by solving a series of puzzles based on historical episodes of the D-Day landings.

Three game rooms offer a unique experience based on real stories, in a reconstructed bunker where you take on the role of the Allies, in a bourgeois house where you become resistance fighters or in the German submarine U-390.

For a fun way to discover Carentan, the treasure hunt on the Carentan through time tablet mixes a stroll and the history of the town.

27 rue de la 101° Airborne - 50500 CARENTAN 02 33 20 81 15 - leblockhaus-escape.fr

Open

School holiday period: Tuesday to Sunday

Outside school holidays: Wednesday to Sunday

Timings on the website according to available slots

Prices

Escape Game:

3 players: €27/pers

4 players: €25/pers

5 players: €23/pers

6 players: €21/pers

Outdoor course: From €12.25/player







Where to find militaria items?

Lots of stores offer military and related items: original pieces or reproductions, civilian clothing from the 1940s or in the colours of the units that liberated Normandy, military uniforms, military plates, models and souvenirs.



La petite musette

In the town centre, La Petite Musette offers a range of collectors' military equipment, re-enactment items (clothing, equipment, etc.), souvenirs and specialist books.

17 rue du Château 50500 Carentan-les-Marais 02 33 20 80 93 lapetitemusette.com



Paratrooper

The D-Day Experience museum store gathers historical collectors' objects and reproductions for amateurs and historians, related to all the nations involved in the Second World War. Many souvenirs and books are also available.

2 village de l'Amont 50500 Saint-Côme-du-Mont 02 33 42 00 42 – paratrooper.fr

French Moustache

A store for original creations: T-shirts in the colours of the American units, civilian clothes in the style of the 1940s as well as old signposts and decorative paintings made by hand.

10 rue du Château 50500 Carentan-les-Marais 09 73 88 45 96 - 07 83 21 88 15

Utah Beach Militaria

In the town's old forge, this store offers original militaria from all periods, old weapons and many historical pieces.

34 place de l'église 50480 Sainte-Marie-du-Mont 02 33 54 30 84





Follow the guide...

Jeep Tour -Utah Beach



Explore the history of 6 June 1944 in an authentic D-Day Jeep and visit the Holdy Farm under German occupation with its battery of cannons and animated, dramatised trench system.

Le Holdy - Sainte-Mariedu-Mont - 02 33 44 81 20 06 37 99 08 68 batterie-du-holdy.com

All year round by reservation.

Prices

1-hour tour: €50/jeep 2-hour tour: €100/jeep Dramatised jeep tour: a fun journey back in time. €250/vehicle

20-minute taster: €30 (group up to 8 people.)
Immersion in the night of D-Day (dramatised night tour, by reservation): €400 (up to 8 people.)

Normandy Jeep Tours

Experience a private ride in a Second World War Willys Jeep, you can visit the Utah Beach area, the 101st and 82nd Airborne Division drop zones, cross the countryside via historic sites such as Sainte-Mère-Église, Sainte-Marie-du- Mont, La Fière, Angoville au Plain, Hiesville, Ravenoville...

Sainte-Mère-Église 09 66 98 09 96 - 06 76 16 95 20 normandyjeeptours.com

All year round by reservation.

Prices

(3 adults per jeep) Discovery tour (50 min) : €75/Jeep

Historical tour (2 hr): €150/Jeep ½ day (4 hr): €270/Jeep

Full day and other packages on request.

All About Normandy

With these individualised half-day or full-day tours, the D-Day sites, history of Normandy or Normandy cuisine will hold no more secrets for you!

02 33 43 94 76 - 07 83 89 71 65 allaboutnormandy.com

All year round by reservation.

Prices

With the customer's vehicle (2-3 people): €240 ½ day - €360 per day

Groups up to 8 persons in a minibus: €360 ½ day - €575 per day



Overlord Tour

Experience the history of D-Day in Normandy by Jeep. Overlord Tour welcomes you for a trip back in time aboard legendary vehicles such as: Jeeps, Dodge WC51, Dodge WC57 and a staff car. You'll follow the same roads and trails as the 82nd and 101st Airborne paratroopers in June 1944.

07 89 00 28 41 office.overlordtour@orange.fr

All year round by reservation.

Prices

Jeep: from €90 Dodge WC51: from €30 Dodge WC57: from €120 Staff Car: from €120

Normandy Discovery Tours

Aboard a 1944 Willys Jeep or in a comfortable van, discover the iconic D-Day sites.

Take an authentic World War II Jeep up the rugged trails to learn about the history of American paratroopers and the D-Day invasion of Utah Beach. Immersion guaranteed in the heart of Normandy in 1944.

06 16 32 18 57 – 06 65 74 81 00 info@normandydiscoverytours.com normandydiscoverytours.com

All year round by reservation from 8.30am to 7.00pm.

Prices

JEEP TOUR (1 to 3 people.) from Sainte-Mère-Eglise to Utah Beach 1 hr: €90 / jeep 2 hr: €150 / jeep 1/2 day 4 hr: €300 / jeep

VAN TOUR from Sainte-Mère-Église to Omaha Beach VIP Van 1/2 day: €300* VIP Van full day: €525*

*Group of 4 people

More than 4 participants on request

Also discover...

The historic circuits

of Amfreville, Hiesville, Picauville and Utah Beach that you can follow independently thanks to the booklet on sale at the Sainte-Mère-Église office.

L.C.V.P. landing craft "PA30-4"

An authentic American landing craft of the L.C.V.P. type., the only one sailing in Europe, is moored in the port of Carentan.

Bailey Bridge

The Bailey Bridge, named after its English inventor Donald Bailey, is a portable designed for military use tools or heavy equipment for its construction. Its be transported by lorry and to allow use by tanks. It's The first Bailey Bridge on French soil was built on 8 and 9 June 1944, on the Caen Canal at Château de Bénouville, near Pegasus Bridge. Bailey went on to be knighted for this invention. Two of them were built on the Carentan area in June 1944, one of which is in Saint-Hilaire-Petitville.



Cotentin Farm-Museum

Life on the farm, as if you were there... Sainte-Mère-Église is also the home of the saddle horse, Normandy cow, milk and butter. Discover this rich history by immersing yourself in the atmosphere of a mid-twentieth-century farm. From the common area to the wine press, everything that formed the framework of rural life and agricultural activity is reconstructed here. Outside, discover the exhibition of motorised agricultural machinery, the Normandy farmyard, the vegetable garden and the apiary.

The temporary exhibition Little hands, children on farms in Normandy presents the reality of life for young people in the countryside since the end of the 19th century.

The farm-museum organises numerous family workshops around the bread oven and butter making, tractor rides and snacks at the farm, and offers adapted educational materials.

Two virtual tours Farms under the Occupation and a guided tour of the farm are available on tablet or smartphone.

1 rue de Beauvais - 50480 SAINTE-MÈRE-ÉGLISE 02 33 95 40 20 - patrimoine.manche.fr

Open

April, May, June, September, spring and autumn breaks: Sunday to Friday from 2.00pm to 6.00pm (except 1 May).

July and August: every day except Saturday from 11.00am to 7.00pm

Groups: 15 January to 15 December by reservation.

Ticket sales close one hour before the site closes

Visit lasts

1 hr 30

Prices

Adult: €6 Children (7-18 years): €3 Reduced: €4

Family pass (from 3 children): €12 (1 adult) to €18 (2 adults)

Loyalty card: adult €10; child €5 (from the 2nd visit and for one year, pay just the activity supplement €2.50/pers)













Château de Colombières

Colombières is a 14th-century military fortress, flanked by imposing towers, surrounded by a water moat and inhabited by the same family for 300 years. You'll be impressed by the spellbinding charm of this historic monument located on the edge of the Cotentin and Bessin marshes, not far from Omaha Beach, exploring its thousand years of history from

William the Conqueror to the Second World War.

Dive into the heart of the psychological warfare conducted in 1944, from Château de Colombières, by the American propaganda services and discover the story of the Ritchie Boys, these young German refugees, mostly Jewish, who fled Nazi Germany and then joined the American military intelligence services

Château de Colombières - 14710 COLOMBIÈRES 02 31 22 51 65 - château-colombieres.fr

Guided tour of the château at 2.00pm, 3.00pm, 4.00pm, 5.00pm (without reservation)

July and August: Monday to Thursday

September: Saturday and Sunday

Groups and schools: from April to October (by reservation)

Amazing Heritage tour: "In search of the sounds of the Middle Ages"

Exhibition American propaganda services at the château in 1944

June, July, August: Tuesday at 10.00am (reservation required)

Guided tour of the château: €6, children (under 12): free of charge

Group visit: €5 (min 20 pers). schools: €4.50

«Amazing Heritage» tour: adult: €10, child: €5 (duration: 1 hr 30)

Guided tour of the exhibition: €5 (duration: 1 hr/1 hr 30)









Donville Manor

Facing a historic chapel, Donville manor house, entirely decorated with period furniture and whose written traces go back to the 11th century, is the only manor house in France made of cob or earth listed in the Supplementary Inventory of Historic Monuments. Heavily modified in the 18th century, it was the property of powerful families from North Cotentin.



1 route de la Chapelle 50500 MEAUTIS 02 33 42 03 22 06 47 51 02 69 museebloodygulch.com

Open

During all school holidays: Monday to Sunday from 10.00am to 6.00pm

Outside school holidays

November to April: Friday, Saturday and Sunday from 10.00am to 6.00pm From May: every day from

From May: every day from 10.00am to 6.00pm

Prices

€12.50/person from 13 years old €7 for 6-12 years old Free for children under 6 years old





Station 70, the museum of the RN13

Discover an incredible collection of popular vehicles (bikes, mopeds, motorcycles, cars), advertisements and toys from the 1930s to the 1980s. The old-fashioned bistro offers drinks to enjoy while reading period magazines.

Bunker WN89 is open to visitors on Sunday mornings at 9.45.

1 Rue du Bourg - 14230 OSMANVILLE 06 74 72 25 15



Open

Every day from 2.00pm to 7.00pm

Prices

Adult: €5 Child (under 12 years old): free of charge







The Park Centre

In the heart of the marshes, in Carentan, the Regional Natural Park Centre of the Cotentin and Bessin Marshes is the ideal place to walk, discover and understand the marshes, independently or with a guide, all year round. The Sensitive Natural Space of the Ponts d'Ouve Marshes and Tadpole Garden invite you to enjoy this preserved environment by venturing onto a 100-hectare island in the heart of the marshes via discovery trails of 2 to 6 km, depending on the season, dotted with 5 ornithological observatories.

Each season reveals its special features:

- the winter whiteness, the hundreds of birds on the water,
- spring and the nesting of storks, the passerines singing in the reeds.
- summer and its work in the fields, the dragonflies swirling above the ponds,
- autumn and the return of the northern migrants.

The exhibition Living in the Park in 2050 raises the question of how this region will adapt in times of global warming and rising sea levels.

3 Village Ponts d'Ouve - Saint-Côme-du-Mont -CARENTAN LES MARAIS 02 33 71 65 30 - parc-cotentin-bessin.fr

Open

from 4 January to 31 March, Wednesday to Sunday from 9.30am to 1.00pm and from 2.00pm to 5.30pm

from 1 April to 30 June, Tuesday to Sunday from 10.00am to 1.00pm and 2.00pm to 6.30pm (open on public holidays)

1 July to 31 August: every day from 10.00am to 6.30pm

from 1 to 24 September, Tuesday to Sunday from 10.00am to 1.00pm and 2.00pm to 6.30pm

25 September to 6 October: closed (annual maintenance work)

7 October to 17 December: Wednesday to Sunday from 9.30am to 1.00pm and 2.00pm to 5.30pm

Annual closure from 18 December to 3 January 2024

Prices

Unaccompanied visit: free for those under 25 years old, reduced: €2.50, adult: €5

Guided tour: adult: €8, reduced: €4, family: €17









Where to see the marshes?

The Regional Nature Park of the Cotentin and Bessin Marshes is one of the largest grassy wetlands in France. In winter, the water invades the marshes; they are then said to turn white. Cows and horses are replaced by migratory birds. All year round, discover the exceptional biodiversity of these protected areas and the birds that find refuge here, such as storks, kingfishers, sand martins and many others!





The National Nature Reserve of Domaine de Beauguillot in the Veys Bay

Located between land and sea, in Sainte-Marie-du-Mont, this 500-hectare reserve is recognised as being of international importance for hosting waterfowl during their stopover and wintering periods. After several months of work to better reconcile visitors and the tranquillity of the animals, the estate reopens to visitors in June with new trails, observatories and educational panels.

Information:

parc-cotentin-bessin.fr



The Regional Nature Park Centre of the Cotentin and Bessin Marshes

Within the Sensitive Natural Space of Ponts d'Ouve, several discovery trails of 2 to 6 km present a set of wetlands (meadows, reedbeds, ditches, ponds and water) favourable to welcoming birds throughout the year. Several observatories let you see the birds without disturbing them. In winter, access to the site is free.



Reading tables to understand the landscapes

- At Brévands Point
- In the marsh on the shore in Auvers
- At the Sèves marsh and its peat bog in Baupte
- In the hamlet of Longuerac in Moitiers-en-Bauptois
- At the start of the Landscapes through the ages discovery trail, Place du Général de Gaulle in Picauville
- In Liesville-sur-Douve, a few steps from the Anguille bar, towards the church.





Maison des Ormes

This old lock house built in 1839 in Montmartin-en-Graignes, at the confluence of the Taute and the Vire-Taute Canal, is accessible by boat during the outings organised by the Bateliers des Marais, as well as on foot or by bicycle along the towpath (3.5 km from the centre of Carentan).

The Bohons wildlife reserve

This wildlife reserve in Saint-Georges-de-Bohon, covering a total area of 265 hectares, of which 20 is always under water, is managed by the Manche Hunters' Federation.

Information: fdc50.com

The Barquette lock in Carentan

Located in Saint-Côme-du-Mont, this lock regulates the water level of the Douve and Merderet valleys. This lock bridge was put into service in 1735 and is equipped with nine flood gates, five of which are classified as Historic Monuments. They close under the pressure of the rising tide.



The hamlet of Longuerac

A peaceful site in the heart of the marshes

On the edge of the Douve, Longuerac also offers a magnificent panorama of the marshes, especially in winter when they become white with the abundance of rainfall. In season, you can even rent a canoe or paddleboard to sail on the quiet waters of the Douve and meet the local fauna. You can also discover the moving chapel of Our Lady of Fatima and beautiful old stone houses.

The hamlet was home to fishing grounds and a stopover for the fleet of "gabares", the flat-bottomed boats used since the Middle Ages to transport goods by river (an authentic

Carentan).

Well known by the inhabitants, Auberge de l'Ouve offers meals made of local products, and in particular, the products of the young market gardener who recently moved into the hamlet

gabare is currently on display in Tribehou, south of



White marshes finally provide a reason to love the rain!

By Christophe Cauchard, photographer of the soul of the Cotentin

«(...) The white marshes are a great mutation of the landscape. A temporary landscape that's permanently on the move. While cows and horses have made their home here to graze in the sunshine on fine days, they have been forced to retreat as the waters rise, to make way for new inhabitants, the birds of the air.

In these winter seasons which keep us indoors more and detach us from nature, it offers us a magical, surprising and unexpected setting (...)

The white marshes are a whole region which transforms to offer us a most beautiful water-themed spectacle. (...) »

The full text is available on ot-baieducotentin.fr





The Marsh Boats

A silent, independent way to discover the Cotentin marshes on board an electric boat, starting from the Park Centre (Maison du Parc) for one or two hours in the marshes of the Douve. In the middle of the meadows, you have every chance to observe herons, storks or kingfishers. You can also enjoy a three-hour walk including time to anchor for a picnic on your boat in the middle of the marshes

New for 2023:

From Liesville sur Douve, your guide will take you to lunch at Auberge de l'Ouve in Longuerac at Moitiers-en-Bauptois. 5-hour trip with menu at the inn, €65/pers

Port Jourdan Pier - Les Ponts d'Ouve Carentan les marais (Follow the signs) Maison du Parc Booking: decouvertemarais.com - 06 83 60 08 12

Open

April/May/June/September and October: weekends, holidays and public holidays from 10.00am to 6.00pm and during the week by reservation

July/August: every day from 10.00am to 6.00pm

Prices

5-seater boat: 1 hr: €39 2 hr: €69

9-seater boat: 1 hr: €55 2 hr: €95 - 3 hr: €120 with a picnic basket provided on request (€12/pers).

Special trip: a passionate guide will take you on a boat to discover the world of the marshes early in the morning or in the evening. Max 12 participants.

Morning outing, 1 hr 30: €25/pers

Evening outing with drinks on board, 1 hr 30: €39/pers

On site:

La Guinquette snack bar with school fire pit grill











The "Rosée du Soleil"

The crew of the Bateliers des Marais du Cotentin will take you into the world of the marshes, to discover the fauna and flora of this preserved environment. You'll be told about the history and activities of the place as you sail along the water, not forgetting the parachutists who fell in the marshes. On the Taute, aboard the «Rosée du Soleil», a boat with seventy seats and an open rear deck for photographers. Guided trip from Saint-Hilaire-Petitville to Graignes or gourmet trip. During a stopover at Maison des Ormes, taste local products through different packages: meal with local dishes, snack or aperitif dinner.

Taute Pier, rue du Cotentin Carentan les Marais (near the car wash) Booking: decouvertedesmarais.com - 06 83 60 08 12

Open

From April to October according to the schedule of trips.

Prices

Guided trips: Adult: €16 Child (4-12 years old): €11 Duration: 1 hr 45

Trips with snacks: Adult: €23 Child (4-12 years): €16 Duration: 2 hr 30

Trips with meals Adult: €33 Child (4-12 years): €18 Duration: 3 hr

Aperitif dinner (2 Fridays per month)











Kaya Pic

Discover the fauna and flora of the marshes on the Douve River in a kayak (single or double) or on a stand-up paddleboard.

The site of Longuerac is one of the jewels of the Regional Nature Park of the Cotentin and Bessin Marshes, with its typical stone houses gathered on the edge of the marshes and the chapel dedicated to Fatima. A natural space ideal for a picnic or break at the Auberge de l'Ouve, before setting off on the hiking trails of the marshes.

Snacks and cold drinks on site.

Site de Longuerac, LES MOITIERS-EN-BAUPTOIS kayapic.fr – contact@kayapic.fr 06 44 31 84 72 – 06 77 45 88 21

Open

- 1 April to 30 September
- 1 April to 30 June: open weekends, public holidays and possibly weekdays – 10.00am - 6.00pm
- 1 July to 31 August: open every day – 10.00am -6.00pm
- 1 September to 30 September: open on weekends – 10.00am -6.00pm

Booking recommended

Prices

Individuals: €11 - €28

Groups: 10% discount for 10 or more people

€2 discount per rental per hour for all associations and school groups





Belle de Carentan

The marshes of the Cotentin and beaches of the east coast of the English Channel offer preserved landscapes and exceptional biodiversity. Michel Marie, the captain of Belle de Carentan, knows all the secrets of the channel and Veys Bay.

Departing from the marina, this 60-seat vintage boat offers 2.5-hour guided tours combining nature and history: the activity of the commercial port, which was in operation until 1944, the astonishing 7 km canal that links Carentan to the sea under which cars travel, the management of the marshes, the 260 seals of the colony in the bay that you can watch through the binoculars provided.

The trip can be extended to Utah Beach, and you'll discover this historic site from the same point of view as the thousands of American soldiers who landed here on 6 June 1944.

Offshore, you'll see the Saint-Marcouf Islands, their Napoleonic fort and bird sanctuary with its cormorants and gulls, which you can approach during a 4-hour sea trip.

Information and booking: belledecarentan.fr 02 33 71 23 50

Open

April to October

Prices

Outing on the Carentan channel (2 hr 30): €20/adult €10/child from 5 to 17 years old

Trip to Utah Beach (3 hr): €25/adult €15/child from 5 to 17 years old

Trip to the Saint-Marcouf Islands (4 hr): €30/adult €20/child from 5 to 17 years old Free for children under 5

Departing from Carentan

marina

Jardins



Presbytery Garden This discreet, refined parish priest's garden, created in 2005, is made up of a courtyard (350 m²), a flower meadow, and the garden itself where Irène and Jean-Pierre have cleverly grouped the flower beds in separate islands, bringing together numerous local and exotic varieties. The old walls of the presbytery are covered with old roses and hydrangea. Visits are a great opportunity for friendly sharing in the shade of the imposing Romanesque bell tower from the 12th century.

3 rue de l'église BRUCHEVILLE 09 65 32 74 14 duchemin.jp@orange.fr

Open 30 April
7, 18 and 28 May
4, 18 and 25 June
2 and 16 July
6 and 20 August
10 September
From 2.00pm to 6.00pm.
Other dates by appointment.

Prices

€4/adult and free for children under 18.



A garden in the Cotentin marshes

The marsh garden evokes the Normandy countryside and its "bocage". The visit, led by the owners of the site, includes an approach to biodiversity, with advice on planting and ecological soil management, particularly around the themes of perennials and shrubs acclimatised to the constraints of the Cotentin climate and climate change. The garden, located between Sainte-Mère-Église and Utah Beach, is also home to relics from the D-Day landings.

Le broc - AUDOUVILLE-LA-HUBERT 02 33 41 39 47 paul.beugin0903@orange.fr

Open all tourist season from 7 May to the end of September by appointment from 10.00am to 6.00pm.

Prices

Adult: €4 Child (under 18 years old): free of charge



Nature gardens

A permaculture garden managed in harmony with nature through the use of environmentally friendly techniques: no ploughing, mulching and composting. Biodiversity prevails with many annual and perennial vegetables, medicinal and aromatic plants as well as edible flowers. Thanks to the creation of a herb spiral, greenhouse, orchard, pond and insect hotel, animals and insects live together in harmony.

8 rue du Sy - Amfreville -PICAUVILLE 09 74 76 44 52 idunn.annekris@gmail.com

Open day on Sunday 11 June from 10.00am-12.00pm / 2.00pm-5.00pm, free admission.

Permaculture-themed workshops all year round, by reservation

Information and prices

lafermeidunn.com



Le Clos des Pieds Nus

Come and wake up your feet on this 1.7 km course by walking on more than forty different materials such as pine cones, tree bark, straw, gravel, sand and cork, and even coal. This sensory journey takes you through a bucolic garden full of trees and flowers that Sylvie, who is also a reflexologist and practices aromatherapy, has dotted with explanatory panels detailing the benefits of the plants you delicately brush past. While the children enjoy the games and the little maze, you can enjoy a local drink, farmhouse ice cream and homemade pancakes in peace in a shaded area.

Your walk can continue to the peaceful hamlet of Longuerac, 3 km away, which gathers together old houses and a chapel at the edge of the Ouve river.

10, route du Bauptois - Le Clos Verdier LES MOITIERS-EN-BAUPTOIS - 06 05 28 53 62 le-clos-des-pieds-nus.jimdofree.com closdpiedsnus@gmail.com



Open

8 April to 30 June: weekends and holidays from 2.00pm to 5.30pm

July and August: Tuesday to Friday: 11.00am-6.00pm / Saturday and Sunday: 2.00pm-6.00pm + night time by reservation: 7.00-10.00pm

September: weekends from 2.00 to 5.30pm

Final departure one hour before the garden closes.

Outside these days (mid-April to end of September): groups by reservation (10 pers min)

Prices

Adult: €6 Child (2-16 years): €4





By bike

The circuits

On little-frequented roads, discover the richness of the sites and places they pass through, from the seaside to intimate valleys. To guide you, follow the arrows and markings. Information sheets on sale at the tourist office of Cotentin Bay.

Veys Bay

24 km + 10 km - Duration: 2 hr 20 + 1 hr - from Carentan les Marais

The Promontories of Bauptois

27 km + 13 km - Duration: 3 hr + 1 hr 30 - From Beuzeville la Bastille

The lands of Cotentin

20 km - Duration: 2 hr - from Houesville

Le Moulinet

27 km - Duration 3 hr from Sainte-Mère-Église or Chef-du-Pont

Neptune Loop:

49 km - Duration: 4 hr 30 This new loop connects the 3 iconic towns of the D-Day landings in the Manche: Carentan, Utah Beach and Sainte-Mère-Église.

Greenways

They're open to pedestrians and all non-motorised means of travel: rollerbladers, cyclists and horse riders.

From Carentan to Portbail or Cherbourg via La-Haye-du-Puits:

Old railway. Views of the marsh. Passing through Baupte, view of the peat bog, landscape interpretation panel in Baupte.

Saint Fromond-Pont Farcy:

Possibility of joining the greenway by the shared road going from Carentan to Saint-Fromond, towpath along the Taute, passage at Maison des Ormes (may flood in winter).

Bicycle hire

Cycles des marais

accessories that can be rented on their own.

Direct departure from the

Le Haut Dick Campsite

Utah Beach Campsite

Elvire Barbey

SAINTE-MARIE-DU-MONT La madeleine

Bike routes

The Vélomaritime®

From Roscoff in Brittany, to Dunkirk, to the Belgian border, the 1,500 km long cycle route passes through legendary sites such as the Pink Granite Coast, Mont-Saint-Michel and its bay, the D-Day landing beaches, the cliffs of Etretat, the Somme Bay and the Opal Coast. This stage crosses the marshes of the Cotentin and Bessin Regional Natural Park. In the heart of the Bay of Veys, the route runs along the Beauquillot nature reserve, a place where land and sea merge. lavelomaritime.fr

The VéloWestNormandy

In 190 or 210 km, depending on the starting point chosen, it offers a true condensed version of Normandy. The 3 extensions to the historic beaches of Utah, Omaha and Gold are an opportunity to discover the D-Day beaches before reaching the no less iconic Mont-Saint-Michel. velowestnormandy.com

Mountain bike routes

Three circuits marked out by the French Cycle Tourism Federation.

Valley of the Sèves and the Taute:

120 km - Very difficult - from Méautis

Coastal marsh:

125 km - Very difficult from Saint-Côme-du-Mont

Valleys of the Douve and Merderet:

130 km - Very difficult from Carentan les Marais

Find the routes on

veloenfrance.fr

Accueil Vélo®

Accueil Vélo® is a national brand that guarantees a quality welcome and services for cyclists along cycling routes. With Accueil Vélo. vou'll be well received at our accommodation and rental service providers. A cycle guide is available at the tourist office, and you'll find the routes from Carentan and Sainte-Mère-Église. francevelotourisme.com

Loc&Co



On foot

With the family

Thirteen hiking trails from 8 to 30 km, marked in yellow.

Complete topo-guide for €5 or individual sheets €0.50 on sale at the Tourist Office of Cotentin Bay or as a free download on otbaieducotentin.fr or cirkwi.com

4 interpretation trails of

the Regional Nature Park of the marshes from 1 to 8 km marked out with several stations offering fun access to information on the natural and cultural heritage. Map of the Regional Nature Park of the Cotentin and Bessin Marshes available at the tourist office.

The Bocage Trail

Méautis - 3 km - 2 hr

Landscapes through the agesPicauville - 7 km - 4 hr

Maison des Ormes

Montmartin-en-Graignes 1.2 km - 1 hr

The Beauguillot National Nature Reserve

Sainte-Marie-du-Mont - 2 km - 1 hr 30

For the more athletic:

The Saint-Michel Paths

In the footsteps of the pilgrims of Saint-Michel «Les Miquelots», the route leaves from Barfleur via Sainte-Mère-Église and Carentan. The path then crosses the marshes to head towards Périers and takes the old Roman road which goes down to Coutances and then Mont-Saint-Michel. The markings are in blue.

The Tour du Cotentin or Sentiers des Douaniers

GR®223: a 430 km long pedestrian route along the coast of the Cotentin Peninsula, linking Carentan to Mont-Saint-Michel.

New! Starting this summer, the GR® de Pays Tour of the Cotentin peninsula will link Sainte-Mère-Église to Portbail via Picauville and Saint-Sauveur-le-Vicomte.

ffrandonnee.fr

manuominee.m

The malle postale Travel light! Present for 10 years on other major routes, the malle postale, in partnership with the taxis and transporters of the Manche, offers new services on the GR® 223: luggage carrying, shuttles or vehicle convoys, for a peaceful trip. lamallepostale.com





On horseback

The Écuries de la Gare

In July and August, head for Ravenoville to enjoy a beautiful walk along the sea (departing near Le Cormoran campsite). The Écuries de la Gare also welcome you all year round and offer: horseback riding (all levels) and carriage rides (2 to 50 people), classic and western lessons, ethology, show jumping, trec or horse ball and, during school holidays, horse and pony training.

Écuries de la Gare Village of La Chapelle ST-MARTIN-D'AUDOUVILLE 02 33 41 11 21 or 06 09 92 14 66

equitation-normandie.fr

Attelage & Patrimoine en Cotentin

Let a draft horse take the strain, riding in a carriage for a commented ride to discover the maritime heritage or town centre of Saint-Vaast-la-Hougue. The association also offers groups, by reservation, harnessed rides in North Cotentin. Its three carriages, each able to hold up to 25 people, provides a pleasant ride for your various events: wedding, village party, cultural event...

Attelage et patrimoine en Cotentin 44, rue du bourg DIGOSVILLE 06 18 43 74 76 attelagecotentin.com

Attelages de la Nicollerie

Comfortably seated in a horse-drawn carriage, enjoy the clip-clop of the horses and chirping of the birds. A very special experience in the heart of typical landscapes. Private hire possible.

Attelages de la Nicollerie 13 rue Auville - Les Veys -CARENTAN LES MARAIS 06 03 21 49 93 clublanicollerie.fr

Toutourisme A label with a dog in it

Created in 2007, this label aims to improve the reception of owners and their animals.

Member offices are committed to advising you so you can enjoy a great stay: places to visit, activities, accommodation ... and even restaurants!

Since 2021, you'll now find the **Toutou bar** (fresh water bowl) in our 2 information offices.

Your Toutourisme welcome kit is free at the Tourist Office, where you can discover all the sites where dogs are welcome.







Sports activities

Aquadick

Aquatic Centre

The Aquadick is equipped with a 5-lane sports pool, a leisure pool with bubbling benches, swan spouts, hydrojets and counter-current swimming, and a paddling pool. You can also enjoy a relaxation area consisting of a hammam, sauna, massaging showers and rest area. For the more athletic. a cardio-training room welcomes you with weight training and fitness equipment: rowing machine, treadmill, bicycles...

14, rue Sivard de Beaulieu CARENTAN LES MARAIS 02 33 43 65 76

Complete rates for all activities on ccbdc.fr

Open all year round



Tennis

Picauville

Multipurpose room, Information at the town hall from Monday to Friday from 9.00am to 11.30am on 02 33 03 40 58

Ravenoville-bourg

Bar l'Escale 02 33 41 34 93

Sainte-Marie-du-Mont

Utah Beach Campsite: 02 33 71 53 69 - Free access all year long

Auvers

In front of the town hall Free access all year round



Mini-golf

Ravenoville-bourg

Bar l'Escale
02 33 41 34 93.
All year round - €1.50
equipment rental
with no time limit

Sainte-Marie-du-Mont

Utah Beach Campsite 02 33 71 53 69





With the family

Rando Game

A fun way to discover Cotentin Bay

To get the booklet(s)
«The Bay of Cotentin»
and «Carentan in the
Bay of Cotentin», there
are two options:
download it from
otbaieducotentin.com or
pick it up for free at our
two information offices.



Playgrounds

- Ravenoville: the beach
- Carentan: marina and Mac Auliffe Square
- Picauville: Rue Marie Lemière and Rue Georges Clémenceau
- Houesville: behind the town hall
- Utah Beach: near Camping Paradis

Shore fishing

From the Baie des Veys to Ravenoville

All along the shoreline, you can fish for shellfish, respecting the minimum sizes and maximum quantities for each species. In Cotentin Bay, fishermen are spoilt for choice.

To prepare your fishing in the best possible conditions, please visit: manche.gouv.fr/
Politiquespubliques/
Mer-littoral-et-peches/
Peches-de-loisir

Family guide

You can find the family guide in our offices or by downloading it from ot-bajeducotentin.fr

The markets

La Manche is an agricultural land: market gardeners, breeders, brewers and cider makers produce vegetables, meat, dairy and shellfish products and alcohol recognised and appreciated well beyond Normandy.

The many markets in and around Cotentin Bay are a great opportunity to meet these passionate people and discover local products such as the monstrous leeks of Carentan, oysters from Utah Beach, cheese made from cow's or goat's milk, pommeau and Calvados or teurgoule, a local recipe for rice pudding with cinnamon.

Monday:

Carentan, Bricquebec, Denneville

Tuesday:

Cherbourg, Portbail, Lessay

Wednesday:

Chef-du-Pont, La Haye-du-Puits, Saint-Pierre-Église, Flamanville

Thursday:

Sainte-Mère-Église, Cherbourg, Barneville-Carteret

Friday:

Picauville, Valognes, Les Pieux

Saturday:

Barfleur, Montebourg, Cherbourg, Saint-Vaast-la- Hougue, Saint-Sauveur le Vicomte, Barneville-Carteret, Saint-Lô

Sunday:

Octeville and Pirou Beach

In summer:

Friday:

Carentan-les-Marais, from 5.00pm to 9.00pm (July-August)

The grillers, a Manche tradition

The smell of chicken, legs or shoulders of lamb is everywhere in the markets.

Do like the locals: taste the best of local breeding, on the market or at home.







The artists of Cotentin



Atelier Catherine Valette

Landscapes, seascapes and portraits in watercolour, oil paint, pastel and other techniques. Courses and workshops.

07 87 92 86 14 valettecat.com



L'Atelier du Photographe by Julien

Photo shooting for individuals, professionals and institutions. Photo reportage for birthdays, weddings, corporate. Rental Robot Photo. Sales in store on various media of views of the Channel.

9 place de la république CARENTAN-LES-MARAIS 06 27 15 13 36 latelierphotobyjulien.com

Open

Tuesday to Saturday from 10.00am to 6.00pm. 7 days a week by appointment.





mone soongoe en done:

5 RUE DIVISION LECLERC • 50480 SAINTE-MÉRE-ÉCLISE • TÉL. : 02 33 93 95 06













DÉGUSTATION ET VENTE SUR PLACE

Cidre Cotentin Bio AOP, Calvados AOC, Pommeau de Normandie Bio AOP, Jus de Pomme Bio 36 route de Cantepie 50500 Auvers (à 7km de Carentan)

02 33 71 07 89 www.maisonherout.com



Local products



Goat farm

The Huberdière goat farm Visit this breeding farm of 150 dairy goats and 50 kids and discover how various cheeses and goat terrine in Calvados is made, which you can taste on the spot. Possibility of catering at the inn, by reservation 24 hours in advance.

14 le pommier – LIESVILLE-SUR-DOUVE – 06 14 80 42 05 chevreriedelahuberdiere.fr

Open

Visits: school holiday period: Tuesdays and Thursdays at 4.30pm

Store opens: during school holidays from Tuesday to Friday from 10.00am to 12.00pm and 4.00pm to 6.00pm - Saturdays from 4.00pm to 6.00pm. Outside school holidays on Wednesdays and Saturdays from 4.00pm to 6.00pm.

Visit prices

Adult: €3 Child (under 10 years old): €2



Les Bouilles de Cauquigny

Milk producers near Sainte-Mère-Éalise in the Manche, in the heart of the Cotentin and Bessin marshes Christelle and Valéry, passionate about their work, welcome you to their farm and offer you quality products that respect nature, resulting from the processing of their cows' milk: cream desserts (gold medal for chocolate, salted butter caramel and hazelnut creams), farmhouse cream. cottage cheese, natural milk, farmhouse yoghurt, silver medal tome cheese at the international competition in Lvon, gold medal Saint Cauquigny, camembert.

GAEC du Hameau Flaux 2 Le Hameau Flaux - Amfreville PICAUVILLE - 06 64 65 10 74 gaecduhameauflaux@orange.fr lesbouillesdecauquigny.fr

Open

Wednesday from 3.00pm to 7.00pm and Saturday from 10.00am to 12.30pm



Maison Hérout

Organic cider production: Cotentin AOC cider, apple juice, cider vinegar, Pommeau de Normandie AOC, Calvados AOC, Blanche d'Alambic. Tasting and sales on site.

36 route de Cantepie AUVERS – 02 33 71 07 89 maisonherout.com

Open

Tasting and direct sales: in July and August, Monday to Saturday from 10.00am to 12.00pm and 2.00pm to 6.00pm

Visits on Thursday afternoons in July and August by reservation

April to June and September: Monday to Friday from 2.00pm to 5.00pm

Off season: by appointment Closed on public holidays





Dry and soft biscuits, family pies, homemade chocolates.

Selection of local producers. Tea room with terrace. 6 rue du port Sinope -QUINÉVILLE | 02 33 40 68 51 biscuiteriequineville.com

Open

Tuesday to Sunday from 9.00am-12.45pm / 2.00pm-7.00pm Every day in July and August



Producer of bouchot mussels and special ovsters from Utah Beach. Retail sales and preparation of seafood platters on request: lobsters, crabs, spider crabs, shellfish...

Zone conchylicole - La Dune SAINTE-MARIE-DU-MONT 02 33 42 40 07 - 06 46 74 53 35

Open

From September to June on Saturdays, Sundays and public holidays from 10.00am-12.00pm / 4.00pm-6.00pm Every day in July and August from 10.00am-12.00pm / 4.00pm-7.00pm



Blosville vending machine

Check out the products from Les Bouilles de Cauquigny on sale at the vending machine in Blosville (near the petrol station), as well as other local products vegetables and meat).



Craft Brewery of Sainte-Mère-Église

Whether you like it blonde, brown or red, the beer from Sainte-Mère-Église is made for you. Since 2014, Jérôme, a craft brewer, has been preparing a clever blend of malt and hops awarded at the World Beer Awards 2020.

Two sites await you in the centre of Sainte-Mère-Eglise: the store on Place de l'Eglise and the brasserie opened in 2022, which brings together the production site, which can be visited free of charge during school holidays, and a large, cosy pub with a vintage atmosphere. You can taste one of the

11 craft beers accompanied by a nice board of cold meat and cheeses, and discover a selection of regional products.

33 rue Général de Gaulle - SAINTE-MÈRE-ÉGLISE 06 88 35 75 60 - biere-sainte-mere-eglise.com

Open

All year round from Tuesday to Thursday: 12.00pm-8.00pm

Friday and Saturday: 12.00pm-9.00pm

Sunday: 2.00pm-7.00pm

Free tours of the brewery on Saturdays at 3.00pm, and during school holidays from Tuesday to Friday at 3.00pm



Sainte-Mère-Église biscuit factory

From the famous Biscuit de Sainte-Mère-Église (homemade shortbread) to small parachute-shaped financier biscuits, including meringues and crunchy biscuits, a range of about twenty biscuits, handmade with butter, have delighted gournets since 2010. The chocolate factory is home to original creations all year long, as well as homemade marshmallows and fruit jellies. In the cellar, you'll find local apple-based drinks such as cider, Calvados and pommeau, as well as a selection of Normandy beers, wines and spirits to enjoy with the many products in the delicatessen.

Still got room left in your basket? A beautiful space for interior decoration and wooden toys awaits you!

Next to the store, La pause gourmande welcomes you for lunch until 3.00pm (4.00pm in season) and all day long for an excellent homemade hot chocolate with tarte tatin.

5 rue Division Leclerc - SAINTE-MÈRE-ÉGLISE 02 33 93 95 06 - biscuit-sainte-mere-eglise.com

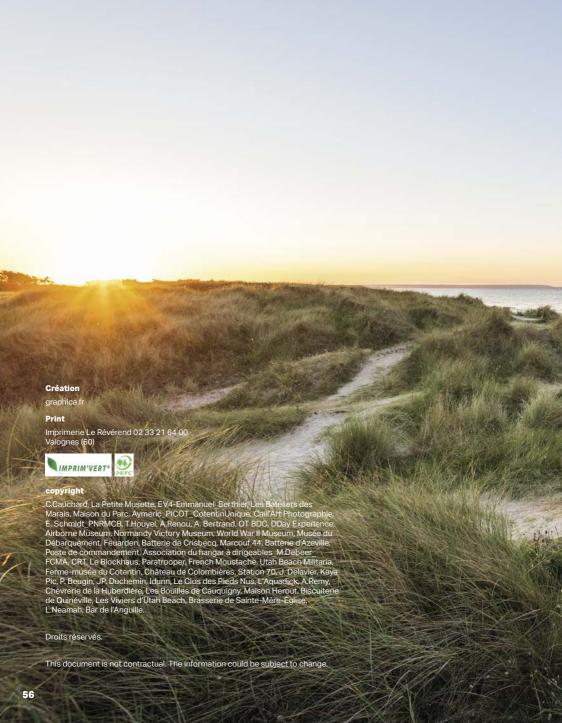
Open

April to September 9.30am-7.00pm

October to March 9.30am-6.30pm

7 days a week from 9.30am to 6.30pm

Closed 25 December and 1 January





Brassserie Pub Epicerie Fine Restauration 7 rue de la Cayenne 50480 Sainte Mère Eglise













Boutique face à l'Eglise





Tourist Office of Cotentin Bay

ot-baieducotentin.fr

Facebook : Sainte Mère Eglise/Utah Beach/Carentan en Baie du Cotentin

O Instagram : baieducotentintourisme

Carentan les Marais

24, place de la République 02 33 71 23 50 tourisme@ccbdc.fr

April - May - June - September

Monday to Saturday: 9.00am-12.30pm / 1.30pm-5.00pm Public holidays: 9.30am-1.30pm

July - August

Monday to Saturday: 9.00am-6.30pm Sundays and public holidays: 9.30am-1.00pm

October to March

Monday to Friday: 9.30am-12.30pm / 1.30pm-5.00pm Closed on Tuesdays except during school holidays Closed 25 December and 1 January

Sainte-Mère-Église

6, rue Eisenhower 02 33 21 00 33 tourisme@ccbdc.fr

April - May - June - September

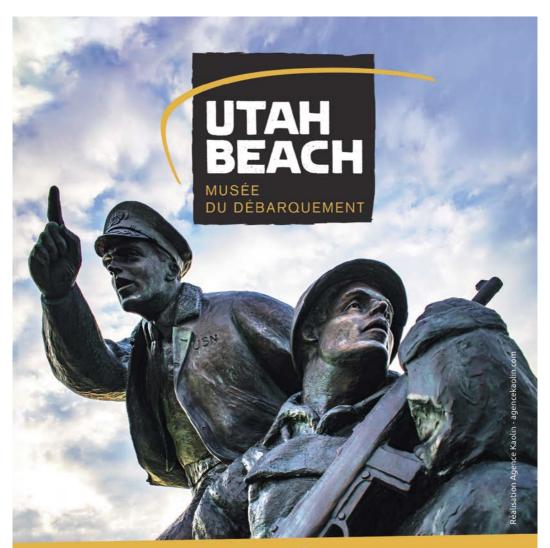
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July - August

Monday to Saturday: 9.00am-6.30pm Sundays and public holidays: 10.00am-4.00pm

October to March

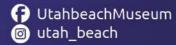
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UNE PLAGE D'HISTOIRE

UTAH BEACH D-DAY MUSEUM SAINTE-MARIE-DU-MONT

musee@utah-beach.com +33 (0)2 33 71 53 35 utah-beach.com





N'APPRENEZ PLUS L'HISTOIRE,

LE MUSÉE LA MAISON HISTORIQUE LE SIMULATEUR DE VOL LE CINÉMA 3D ÉCRAN GÉANT

2 village de l'Amont, Saint-Côme-du-Mont, 50500 Carentan-les-Marais 02 33 23 61 95 - www.dday-experience.com